

## Encouragements

The SID Network of Ohio Newsletter www.sidsohio.org

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Please keep all of the precious babies we have lost to SIDS and SUID in your hearts this holiday season.



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## Community Engagement Program Report

This past June the SID Network completed our contract with the Ohio Department of Health for the *Community Engagement Program*. We are pleased with the outcomes and the impact this program had on local communities across the state.

The purpose of this program was to reach out to areas of the state with the largest disparities in infant mortality and sleep related infant death and engage them through community forums and infant safe sleep mini-grant funding to conduct awareness activities. The goal was to empower community leaders and African American women in the targeted Ohio Equity Institute (OEI) and Ohio Infant Mortality Reduction Initiative (OIMRI) areas with the infant safe sleep message and to carry this message on to their peers.

We were able to fund 25 neighborhood and community groups up to \$500 each to reach a minimum of 20 community members with the safe sleep message. The results far surpassed our initial goal with 65 safe sleep events taking place across the state reaching 1,194 people. These initiatives to promote infant safe sleep practices and increase awareness surrounding the impact of sleep related infant death, will hopefully lead to a reduction in these type of deaths.

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## <u>September</u>: Infant Mortality Awareness Month <u>October:</u> SIDS Awareness Month

September is a month dedicated to raising awareness about infant mortality. Ohio ranks 45th worst in the country for babies who die before their first birthday and we are near the bottom for the rate at which our black babies die. The disparities remain great with our black infant mortality rate (13.63 per 1,000 live births in 2013\*) over two times as high as our white rate (6.07\*). This is unacceptable and Ohio is working hard to combat these sobering statistics.

According to the most recent statistics from the U.S. Department of Health and Human Services, the leading causes of infant death in Ohio are pre-term births, birth defects and sudden unexpected infant deaths. Ohio has committed funding over the next two years to train community members to be advocates in neighborhoods with high rates (continued on page 4)

## Summer Golf Wrap Up

It was a great summer for golf outings! In total over **\$38,700** was raised to support the SID Network of Ohio. The summer began with the *15<sup>th</sup> Annual Nolan P. Fisher Golf Outing*. This event was held on Friday, May 22<sup>nd</sup> at Raymond Memorial Golf Course in Columbus. Family and friends come out each year to have fun while supporting co-hosts Paul Fisher and Matt Piela, in memory of their son and nephew, Nolan.

The 21<sup>st</sup> Annual Laura Elizabeth Pease Memorial Golf Outing was held on Monday, June 8<sup>th</sup> at the Wyoming Golf Club in the Cincinnati area. Tara and Charlie Pease host this outing in memory of their daughter, Laura. Bev and Glenn Stewart and Bob Kirch co-host the event in memory of their sons, Kyle and Michael. Despite the rainy weather in the surrounding area, we remained dry which led to another successful outing!

The 7<sup>th</sup> Annual Brianna Dawn Tully Memorial Golf Outing was scheduled for Saturday, June 20<sup>th</sup> in the Columbus area at The Links at Echo Springs. Brian, Jessica, Connor and Ava Tully host this event in memory of their daughter and sister, Brianna. Despite the cancellation of their outing due to thunderstorms, they created a unique way to support our organization through a "Not so Silent Auction". Because of this, their friends and family helped to make this event successful.

The 27<sup>th</sup> Annual SIDS Golf Benefit, hosted by Dan Petricini, in memory of his son, Jonathan, was held on Saturday, July 18<sup>th</sup> at Paradise Lake Country Club in Mogadore. It was a beautiful Saturday afternoon and 25 foursomes came out to support this long standing outing!

The summer golf season finished with the 15<sup>th</sup> Annual Justin Prestage Golf Outing, held on Monday, July 20<sup>th</sup> at Coppertop at Cherokee Hills in Valley City. Jim and Melanie Prestage and Randy Matejka host this fundraiser together in memory of their son and nephew, Justin. Another beautiful day on the course, followed by an auction, top hat raffle and dinner.

Our appreciation to all of our families for their commitment to our cause and raising money to further our mission.



Dan Petricini with sons (l-r), Danny and Bobby.



Tara Pease with two volunteers.



Memorial cake and photos for Justin Prestage



Thank you for your support!

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of infant mortality. Medicaid providers in these areas will also receive incentives to better manage care for pregnant women. Another program to improve birth outcomes is a pilot project using the Centering Pregnancy model, a group pre-natal care program, in Muskingum County, Toledo, Columbus and Dayton.

October is national SIDS Awareness Month and the SID Network will continue to spread the ABCs of infant safe sleep message. The guidelines established by the American Academy of Pediatrics will help to decrease the risk of SIDS while preventing accidental sleep related infant deaths such as positional asphyxia and suffocation.

Our hope is that our readers, parents, collaborating agencies and partners will share the ABCS of safe sleep with everyone they know! Please contact us if you need safe sleep materials to support your efforts!

#### **Infant Safe Sleep**



Baby sleeps safest alone, on their back, in a crib.

- The safest place for your baby to sleep is in the • room where you sleep, but not in your bed.
- Never place babies to sleep on adult beds, • chairs, sofas, waterbeds, pillows, cushions or soft surfaces.
- Dress your baby in sleep clothing, such as a • sleep sack, and **do not use a blanket**.
- Avoid letting the baby get too hot. Keep • room temperatures in a range comfortable for a lightly clothed adult.
- Infants should receive all • recommended vaccinations.
- Breastfeeding is recommended to help to • reduce the risk of SIDS.
- Avoid smoke exposure during pregnancy and • after birth. Place the crib in an area that is always smoke free.
- Supervised, awake tummy time is • recommended daily to facilitate development.

- Consider using a pacifier at nap time and bed time, once breastfeeding is well established.
- Obtain regular prenatal care to reduce the • risk of SIDS even before birth.
- Avoid alcohol and illicit drug use during • pregnancy and after birth.
- Talk to those who care for your baby, • including child care providers, family, and friends, about placing your baby to sleep on his back for every sleep.

\*NCHS & Ohio Collaborative to Prevent Infant Mortality

# A NIGHT TO REMEMBER

## Saturday, Feb. 13, 2016

Enjoy an evening of wonderful raffles, auction items and prizes. Don't forget the great food and dancing.

Tickets will be available soon by visiting <u>www.sidsraffle.com</u>

## Held at Brennan's Party Center **Triskett Road, Cleveland**

The evening will include a buffet dinner, open bar, dancing to the music of DJ, TKO Entertainment and over \$5000 in cash and prizes.

#### The Main Board Prize is \$2,500!

We hope to see you this year!

## <u>Our Thanks</u>

The SID Network is honored to be one of the **Cincinnati International Wine Festival's** beneficiaries and we are truly grateful for their continued support of our infant safe sleep and bereavement programs in the Greater Cincinnati area. Their \$12,000 grant will assist our organization as we strive to reduce the number of sleep related infant deaths. The Wine Festival is made up of four events that generate funds to support local charities. This past year they awarded \$339,000 to organizations in the arts, education, health and human services! In the last 26 years, the CIWF has granted over five million dollars to local agencies. We encourage you to support this worthwhile cause by attending their events on March 3 - 5, 2016.



The SID Network is thankful for several donations received from recent fundraisers that were held with the support of family and friends in memory of their babies. Last May, Jon Hastings and Shari Russell hosted the 10<sup>th</sup> Annual Corbin Hastings Memorial Day Ride in memory of Jon's son, Corbin. We also received proceeds from the 2nd World of Bounce event hosted by the Tully family in memory of Brianna Dawn Tully. Later this summer, Stephanie Tummel donated funds from an event held in memory of her son, Jacob. We are truly grateful for their support.

## New Event

## GRANT'S SIDS 5K RACE/WALK



Scott and Karen Williams lost their second child to SIDS and have organized their first 5k Run/Walk in Dublin, Ohio. Their goal is to create an event for runners and walkers of all abilities and ages with proceeds benefiting the SID Network of Ohio.

The first annual **Grant's SIDS 5k Run/Walk** is being organized by family and friends of Grant Peyton Williams with help from the Columbus Running Company. This annual event is designed to help raise funds for research, education, and support programs to combat SIDS.

The 5k race will take place on the running trail west of the Dublin Recreational Center and will be open to everyone.

Date: Sunday, November 15, 2015 Start time: 9:00 am Price: \$25.00 / \$30 after Oct. 31, 2015

Register: https://runsignup.com/grantssids5k For more information: grantssids5k.com



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Pre and post questionnaires were administered during each activity to measure the attendees knowledge regarding safe sleep practices and Ohio's infant mortality. Post test scores showed an overall increase in knowledge in the guidelines to reduce the risk of a sleep related infant death.

A mini-grant close out webinar was held on June 24th. Representatives from 22 organizations presented a short recap of their program activities. These activities included community baby showers, one-on-one caregiver trainings, health fairs, luncheons and professional development trainings. Mini-grantees reached a diverse audience including expectant mothers, church members, teenage parents, grandparents, babysitters, health professionals, EMS personnel, community leaders, fathers and birth partners.

We also held two community health forums to address the disparities in infant mortality in our African American communities by reaching out at the community level. Our goal was to educate parents, grandparents and other caregivers about infant mortality and infant safe sleep practices and to inspire them to share this information with their friends and neighbors. The ultimate goal is to see more babies live to see their first birthdays. The first forum was held in Cincinnati on May 30, 2015 at Shiloh Seventh Day Adventist Church. Twenty-three people were in attendance. We would like to thank the church for hosting this event and our partner, Cradle Cincinnati, for contributing to the day.

The second forum was held in Akron on June 14th at Peoples Baptist Church with over 50 people in attendance. Our special thanks to the church for hosting the forum and luncheon, in addition to our partners, Summit County Public Health, Summit County Collaborative for Better Birth Outcomes, Akron Children's Hospital and Dr. Arthur James from The Ohio State University, co-director of the Ohio Better Birth Outcomes, co-chair of the Ohio Collaborative to Prevent Infant Mortality and senior policy advisor in the Bureau of Child and Family Services of the Ohio Department of Health. We were also fortunate to have State Representative Emilia Sykes as a guest speaker. Both forums strived to inform the community on the disparate statistics and the impact infant mortality has on the nation, state and their community has a whole. We are operating on the premise that in order for a person to effect changes; they must first be informed there is something that needs to be changed. A dialogue was encouraged which allowed participants from each forum to make comments and brainstorm collectively on steps they can take as a community to promote a safe sleep environment for infants as well how to improve birth outcomes.

We were encouraged by the collaborations that took place as mini-grant activities and local community forums were planned and carried out. The SID Network would like to thank the Ohio Department of Health for this opportunity and all of the participating agencies, health departments, hospitals, churches and community groups.





Dr. Arthur James speaking at the Akron Community Forum.

Dr. Stacy Scott speaking about SIDS and infant safe sleep at the Akron Community Forum.



Akron Community Forum attendees.

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last Christmas they awaited their first born

this Christmas they place a wreath where he lay

the stone snow buried reveals its message as they tenderly brush the flakes away

on the staircase i hung the tiny mirrored bells as I have in seasons past and with each bell i made a wish that this would be the last that i would do with heavy heart

perhaps next Christmas there could be another child a girl a boy who would impart an exceptional joy as brian did in his five months with us

Reprinted with permission from: brian's book a fourteen month journey in verse following a SIDS Death By Elaine Ede Hornsby

## 2016 Event List

#### <u>16<sup>th</sup> Annual Memorial Benefit Reverse Raffle</u> <u>A Night to Remember</u> February 13, 2016

Hosted by Katy & Russ Tobel, Renee & Sam Avampato and Amy & Janusz Kuzdowicz in loving memory of their sons Collin, Jack and Alexander Brennan's Party Center, Cleveland

#### <u>16<sup>th</sup> Annual Nolan P. Fisher Golf Outing</u> May 27, 2016

Hosted by Paul Fisher & Matt Piela in loving memory of their son and nephew, Nolan Raymond Memorial Golf Course, Columbus

#### <u>The 22<sup>nd</sup> Annual Laura Elizabeth Pease</u> <u>Memorial Golf Outing</u> June 6, 2016

Hosted by Tara & Charlie Pease in loving memory of their daughter, Laura Elizabeth Wyoming Golf Club, Cincinnati

#### 8<sup>th</sup> Annual Brianna Dawn Tully <u>Memorial Golf Outing</u> June 25, 2016

Hosted by Brian, Jessica, Connor & Ava Tully in loving memory of their daughter and sister, Brianna The Links at Echo Springs, Johnstown

#### 28<sup>th</sup> Annual SIDS Golf Benefit July 9, 2016

Hosted by Dan Petricini in loving memory of his son Jonathan Ross Paradise Lake Country Club, Mogadore

#### <u>16<sup>th</sup> Annual Justin Prestage Golf</u> <u>Outing & Auction</u> July 18, 2016

Hosted by Jim & Melanie Prestage and Randy Matejka in loving memory of their son & nephew, Justin Coppertop at Cherokee Hills, Valley City

#### We hope you can join us!

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## **Mission Statement**

The SID Network of Ohio promotes infant safety in an effort to reduce the rate of sleep related infant deaths including SIDS, Sudden Unexpected Infant Death (SUID), accidental suffocation, asphyxia, overlay and other undetermined deaths. We accomplish this through the promotion of infant health and wellness, community education and medical research. We also provide supportive services to those who have been affected by the sudden loss of a child age 2 and under.

#### Staff:

Leslie Redd Jennifer Connolly Dr. Stacy Scott Therese Johnson Carolyn Stroud Executive Director Development Coordinator Program Manager Fiscal Manager Administrative Assistant

## **Board of Directors:**

Tracy Tucker Bob Kirch Kara Haas Joseph Wells Emily Shirey President Treasurer Secretary

If you wish to be taken off our email list, please contact leslie@sidsohio.org.



We are now partnered with the AmazonSmile Foundation. AmazonSmile is operated by Amazon and if you shop at <u>smile.amazon.com</u>, 0.5% of qualifying purchases will be donated to us.

## **Support Information**

Our bereavement support contacts are available to speak to anyone affected by a SIDS or SUID death. Please feel free to contact them when you are ready.

Cincinnati area - Bob Kirch, 513-636-8000.

<u>Columbus</u> area - Tracy Tucker, 614-296-1142; Aubrey Hastings, 614-539-8260; Jessica Tully, 614-315-7838 or Sara Warren, 614-975-2471. In the <u>Dublin</u> area, contact Karen Williams at 419-656-1997. In the <u>Lancaster</u> area, email Scott Widener <u>swidener5@gmail.com</u> or leave a message at 740-407-3299.

<u>Cleveland & the Cuyahoga County</u> area - Angela Mack, 440-327-4336.

**Darke, Mercer & Preble Counties** - Renea McCleskey, 937-467-3732.

<u>Dayton</u> area - Yolanda Young, (937)-999-9007.

**Lorain County** area - Sister Jeanne Marie Glorioso, HM, 440-282-9380. She will meet one on one with families and is located at Church of Saint Peter Parish Center, 3655 Oberlin Ave., **Lorain**.

<u>Middletown</u> area - Kendra Klausing, 937-748-2347. In addition, the **HEALing Together Parent Support Group** meets the 3rd Tuesday evening of each month from 7:00-9:00 pm at Hilltop OB/Gyn office, Professional Bldg. 1 on the Atrium Medical Center campus, One Medical Center Drive, Middletown. For information, contact Sheree Young, RNC, Program Coordinator, 513-705-4056. All materials are provided and registration is not required.

**<u>NE Ohio</u>** area - SID Network, 800-477-7437.

Sandusky, Erie & Huron Counties - Peggy Courtney, 419-266-0487.

<u>Toledo</u> area - Jim Marlowe, 419- 291-4003.